

**Looking to get involved in a paralympic sport?
Ready to try something new?**

If so, you are ready for BOCCIA!!!

What is Boccia? - A paralympic sport, similar to Bocce, where the name of the game is to earn as many points as possible by throwing your boccia balls closer to the target ball than the other team.

Who is it for? - Boccia is intended for, but not exclusive to, players with Cerebral Palsy and other neurological impairments. An ability to follow directions is all that's required. Assistance and devices can be used to play the game with your hands, feet, or head.

BOCCIA LEAGUE

Where: Ground Floor Sports Medicine Gym - Nemours/Alfred I. duPont Hospital for Children

When: Wednesday nights September 23rd through November 18th 6:30-8:00pm

We will have open gym nights 9/23/15 and 9/30/15, with league play beginning 10/7/15

Who: Players of all abilities, ages 8 to 21 yrs.

What: Bring your friends and family to our gym to try a few Boccia games

Please RSVP or direct any questions to Brie Sheppard, outpatient physical therapist

brianne.sheppard@nemours.org

(302)298-7490



Nemours Alfred I. duPont
Hospital for Children

Center for Sports Medicine