



## May 2012 Activities & Supports for Children & Teens

### ACADEMIC SUPPORT ON THE WEB (replace the game boys and ds):

[www.softschools.com](http://www.softschools.com): online work and worksheets, Pre K to Middle School.  
[www.onlinemathlearning.com](http://www.onlinemathlearning.com): worksheets with concepts and explanations.  
[www.hawaii.edu/suremath](http://www.hawaii.edu/suremath): chemistry, physics, and algebra.  
[www.starfall.com](http://www.starfall.com): EXCELLENT website for young (up to 4<sup>th</sup> grade) emerging readers.  
[www.webmath.com](http://www.webmath.com): for math support.  
[www.funbrain.com](http://www.funbrain.com): games to improve grammar skills.  
[www.eduplace.com/tales](http://www.eduplace.com/tales): like an online Mad Libs. Reading and writing skills.  
[www.factmonster.com](http://www.factmonster.com): lots of great stuff!  
[www.cut-the-knot.org](http://www.cut-the-knot.org): puzzles on tons of math topics up to 12<sup>th</sup> grade.  
[www.mathgoodies.com](http://www.mathgoodies.com): go to PARENTS and find free activities and worksheets.  
[www.aaamath.com](http://www.aaamath.com); [www.aaaspelling.com](http://www.aaaspelling.com); [www.aaawhere.com](http://www.aaawhere.com): all online work.  
[www.quizlet.com](http://www.quizlet.com): Make tests, flashcards...for any subject.

**ACADEMICS - STRIVE** - Ages 14 - 18. School-based academic support. Info: Coatesville Rotary 610-384-9196.

**ACTING/DRAMA** - Ages 8-13 on Autism Spectrum. 6-week prog. to improve communication, socialization, and motivation by having fun with drama and theatre. \$160. Call: Kate McLenigan Altman 610-283-2230, [kate@theatrehorizon.org](mailto:kate@theatrehorizon.org).

**ACTING - ACTING IMPROV FOR TEENS & YOUNG ADULTS** Instructor: Cindy Schneider, Director, Acting Antics Inc. Location: West Bradford Elem.; Multi Purpose Rm., (1475 Broad Run Rd., Downingtown) Tuesdays, April 10-May 22/ 6 classes (skip 4/24), 7:00 - 8:30pm, Ages: 15 & up. DARC: \$115 Non-Res: \$130. Description: Young men and women hone their communication and socialization skills through theatre games and improvisational activities. Actors must learn to collaborate, cooperate, and share ideas in order to perform successfully in Improvisation. Scripted scenes are also used to work on non-verbal and context cues as well as social appropriate responsiveness. Individuals build social confidence as they acquire new skills. A showcase of skits and improvisation games will be held on the last evening of class. Cindy Schneider, Director, Acting Antics Inc. 3 Ravine Rd. Malvern , PA 19355, [610-942-4219](tel:610-942-4219), [www.actingantics.org](http://www.actingantics.org)

**ACTING - MOVIN' & GROOVIN' with Instructor:** Cindy Schneider, Director, Acting Antics Inc., **Location:** East Brandywine Twp. Building; Meeting Rm.(1214 Horseshoe Pike, Downingtown) **Dates:** Saturdays, March 31-May 19/ 6 classes(skip 4/7 & 4/21) 9:00 - 10:30am, **Ages:** 5 to 9 **DARC:** \$115 **Non-Res.:** \$130. **Description:** This is a theatre program designed for students with developmental and/or social delays. The program will focus on using **music, movement, games** & skits to teach the youngsters how to follow directions, motor plan, and interact successfully. Activities and songs will be showcased in a final performance for family and friends on the last workshop day. Cindy Schneider, Director, Acting Antics Inc. 3 Ravine Rd. Malvern , PA 19355, [610-942-4219](tel:610-942-4219), [www.actingantics.org](http://www.actingantics.org)

**ACTING - ACTING ANTICS YOUTH Instructor:** Cindy Schneider, Director, Acting Antics Inc. **Location:** East Brandywine Twp. Building; Meeting Rm. (1214 Horseshoe Pike, Downingtown), Saturdays, March 31-May 19/ 6 classes (skip 4/7 & 4/21; 10:30am - Noon, **Ages:** 7 to 12 **DARC:** \$115 **Non-Res.:** \$130. **Description:** The Youth Acting Antics program is designed to help youngsters with higher cognition and social difficulties learn skills about interacting with peers, reading body language and other nonverbal cues, voice modulation, and understanding abstract language and inferences. Actors have a great time while building their self-esteem. The workshop will include theatre games and activities, scenes and skits with a final performance for family and friends on the last workshop day.

**ACTING ANTICS - BUILDING SOCIAL SKILLS** - drama workshops for students with Asperger Syndrome, non-verbal learning disorder, and/or social cognition deficits. Teaches power body language, voice modulation, and facial expressions. Call: Cindy Schneider, Director, Acting Antics Inc. 3 Ravine Rd. Malvern , PA 19355, 610-942-4219, [www.actingantics.org](http://www.actingantics.org).

**AD/HD - CHADD TEEN SUPPORT GROUP** 3rd Th. 7:30 - 8:30pm. Exton Community Baptist Church, 141 E. Swedesford Rd, Exton, Parents can stay on premises. Facilitated by CHADD board member. 610-429-4060, [www.CHADD.net/222](http://www.CHADD.net/222).

**AD/HD - GO GIRLS CLUB** for girls ages 8 - 12 (or in 3<sup>rd</sup> -6th grade) with ADD or ADHD. Girls must be aware of their diagnosis. \$100 for 6-mo. Info: Natalie 215-275-4978, [info@ahdhaware.org](mailto:info@ahdhaware.org). [www.ADHDaware.org](http://www.ADHDaware.org).

**AD/HD - BOY2BOY CLUB** for boys ages 8 - 12 (or in 3<sup>rd</sup> - 6th grade) with ADD or ADHD. Boys must be aware of their diagnosis. \$100 for 6-mo. Info: Natalie 215-275-4978, [info@ahdhaware.org](mailto:info@ahdhaware.org).

**ART - ART PARTNERS STUDIO** - Ages 6 - 12. Art classes & special events. Call: Lindsay 610-384-3030, [ycrow@mac.com](mailto:ycrow@mac.com).

**ART - CENTER FOR CREATIVE ARTS** - in Hockessin, DE. Classes for special needs students ages 6-12. [www.ccartarts.org](http://www.ccartarts.org), 302-239-2434.

**ART - EXPRESSIVE ARTS THERAPY GROUPS FOR CHILDREN** at Building Bridges in Media. Two sessions: ages 5-9 and 10-13. Mon eves. Info: 484-574-2858, [debleoni@comcast.net](mailto:debleoni@comcast.net).

**ART - FREE 12-WEEK ART CLASS FOR PEOPLE WITH SPECIAL NEEDS (\$25 FOR MATERIALS).** Provided by and at the Wayne Art Center, 413 Maplewood Ave., Wayne, PA 19403, 610-688-3553, [www.wayneart.org](http://www.wayneart.org), [info@wayneart.org](mailto:info@wayneart.org).

**ART - SCHOLARSHIPS AVAILABLE FOR ADULTS USING MH SERVICES** to take music and art lessons from Merge Education! Contact Mary Helen Rossi to receive scholarship application at 484-887-0377.

**ASTHMA MANAGEMENT PROGRAM - HEALTHY HOOPS - Using Sports to Promote Health Management and Education.** Asthma screenings, parent education, family fit program, environmental home check-up, etc. For a video explanation of the program: <http://www.healthyhoopsprogram.com/solution/video.asp>. Contact: Flora Castillo, [flora.castillo@amerihealthmercy.com](mailto:flora.castillo@amerihealthmercy.com), 888-765-4194 .

**AUTISM ...."Building the Basics through Learning Experiences" (A.B.B.L.E) Classroom** for two year olds run by The Arc of Chester County and taught by a Special Education Teacher, using a unique blend of, "TEACCH" Total, Communication, Positive Reinforcement, Child Centered Learning. Classes Run Tuesday and Thursday 9:30 am - Thursday 12:30 pm in Downingtown. Info/registration: Anne Bernstein at 696-8090

**AUTISM - Equestrian Therapeutic Vaulting for children ages 7-12.** Autism Speaks grant recipient, "Let's Vault, Max" supports the development of social, motor, and sensory processing skills, as well as horsemanship skills and bonding between the horse and rider. Includes research component in collaboration with Widener University physical therapy department. Eleven week vaulting sessions Wednesday evenings 6/15-8/24, 9/7-11/16, 1/04-3/14. Contact Quest Therapeutic Services at 610-692-6362 or [www.QuestTherapeutic.com](http://www.QuestTherapeutic.com).

**AUTISM - SPARC - Southeastern PA Resource Center in partnership with WCU.** Non-profit clinic serving children, adolescents, and young adults with ASD. Includes: Diagnostic Services, Behavioral Therapeutic Services, Feeding Evaluations and Treatment, Home Programs, Academic Tutoring, Social Skills, Consultative Services, Daycare/School/Service Providers Consulting Services, Babysitting/Respite Care. Located on the WCU campus. Info: [sparc@wcupa.edu](mailto:sparc@wcupa.edu), 610-430-5678.

**AUTISM - TODDLER/PRESCHOOL PLAY GROUP for children with ASD.** Structured play dates where children can develop social/play skills w/peers while parents network/support each other. Communicate thru Yahoo group: [http://groups.yahoo.com/group/ASD\\_Playgroup/](http://groups.yahoo.com/group/ASD_Playgroup/). Subscribe by sending email to [ASD\\_Playgroup-subscribe@yahoogroups.com](mailto:ASD_Playgroup-subscribe@yahoogroups.com).

**CAMP - THE ARC OF CHESTER COUNTY: Camp Safari for kids age four to 11** to experience outdoor activities regardless of physical challenges. Offers fun with peers, activities, and respite for family. One-on-one teen mentors are provided for each camper. Camp Safari 2012 will be **June 18-22, 2012 and August 20-24, 2012** daily from 10:00am to 3:00pm. Parents of children receiving funding through the Chester County Department of Mental Health/Intellectual & Developmental Disabilities are encouraged to contact their case managers to discuss funding for Camp Safari. Private pay options are available for children not receiving county or school funding. Contact Rob Malone at The Arc to learn more: [r Malone@arcofchestercounty.org](mailto:r Malone@arcofchestercounty.org) or 610-696-8090.

**CAMP - THE ARC OF CHESTER COUNTY: Teen Camp for teenagers age 13 to 19** to experience outdoor activities regardless of physical challenges. Offers fun with peers, activities, and respite for family. Teen Camp 2012 will be **August 13 - 17, 2012**. Parents of teens receiving funding through the Chester County Department of Mental Health/Intellectual & Developmental Disabilities are encouraged to contact their case managers to discuss funding for Teen Camp. Private pay options are available for teens not receiving county or school funding. Contact Rob Malone at The Arc to learn more: [r Malone@arcofchestercounty.org](mailto:r Malone@arcofchestercounty.org) or 610-696-8090.

**CAMP - EASTER SEALS CAMPS IN PA** - <http://esep.easterseals.com/site/Search?entgr=0&access=>

**CAMP - MORNINGSIDE SUMMER CAMP AND CONDUCTIVE EDUCATION: AN EXTENDED SCHOOL YEAR PROGRAM** serving special needs campers ages 5-21. Starts 6/27 and ends 8/19. M-F 9:00am - 3:00pm. Info/Regis: Bev Jonik 610-804-1588, [morningsidesummerncamp@verizon.net](mailto:morningsidesummerncamp@verizon.net).

**CHESS CLUB** for ages 5-18. Mondays, 4:00pm - 8:00pm. Coatesville Area Public Library. Learn to play tournament chess. Free. No regis. necessary. Info: 610-384-4115.

**THRU SEPTEMBER 10 - EVERY SATURDAY AT 10:30AM**  
**FREE CHILDREN'S PROGRAMS AT THE CHILDREN'S PLAZA ON BRIDGE STREET IN PHOENIXVILLE AREA.** Sponsored by the Kiwanis Club of Phoenixville. Musical programs, puppets, clowns, Phila Zoo animals, storytelling, circus, magicians, etc. All are welcome to join in the fun! [www.openheartinc.org](http://www.openheartinc.org).

**COMPEER of Chester County - MH Friendship Program** - 610-436-4445, <http://CompeerChesco.org>.

**COMPUTERS** - Low-cost, refurbished computers available for \$50 to \$300 for qualifying families. Download an application from the website: [www.TeamChildren.com](http://www.TeamChildren.com). Phone: 610-666-1795.

**DANCE - DIAMOND DIVAS** - Ages 7 - 16. Drill and step team for girls. Info: Geri Allen 610-380-4465, [gbadiva@verizon.net](mailto:gbadiva@verizon.net).

**DANCE - RHYTHM IN MOTION: A CREATIVE DANCE CLASS FOR KIDS** - Ages 5 and up with or without disabilities. Explore movement, rhythm, visual imagery, and body and spatial awareness thru games, themes, storytelling and music. Focus: Fun through dance! Wed: 4:15pm - 5:00pm, 4/7 - 5/12. Held at Al DuPont Hosp. for Children. \$60 fir 6 sessions. Taught by PT. Info/Regis: Jamie Fusetti 302-651-5595.

**DATING: SAFE DATES:** Highly engaging and interactive 6 session evidence based program for middle and high school students is designed to stop or prevent the initiation of emotional, physical, and sexual abuse between individuals in dating relationships. Teens learn to recognize the difference between caring, supportive relationships and controlling, manipulative or abusive dating relationships. Holcomb Behavioral Health: Info/regs. Chrissie 484-444-0412, [cdziembo@holcombbhs.org](mailto:cdziembo@holcombbhs.org), or Luis (Bilingual) LBenites2@holcombbhs.org.

**DEPRESSION-** Learn from ME about teen depression. The ME Project: encouraging, supporting, and educating teens, their families, and the community about mental health issues. Resource center located in Ridge Village Shopping Center, Suite #21, Chadds Ford. [www.meproject.org](http://www.meproject.org).

**DIGITAL BOOKS: ACCESSIBLE INSTRUCTIONAL MATERIALS.**

- **BOOKSHARE** - District Membership Available - FREE for school district this year & next year - App for iPod, iPhone & iPad. <http://www.bookshare.org/>
- **LEARNINGALLY** - District Membership available (formerly RFB&D) App for iPod, iPhone & iPad. <http://www.learningally.org/>
- **CHESTER COUNTY LIBRARY** has free audiobooks you can download to MP3, iPod, iPhone & iPad & Android devices. <http://overdrive.ccls.org>
- **AUDIBLE** (A division of Amazon) has audio versions of books & textbooks available for purchase <http://www.audible.com/anon-home>
- **PaTTAN** - Accessible Instructional Materials - <http://www.pattan.net/category/Resources/AIM%20Center/>
- **NOTE:** Audio, digital or online versions may be available directly from textbook publishers. Digital versions on a CD or online versions can be used in conjunction with free screen readers such as the text-to-speech feature built into all Mac computers - see "Speech" in System Preferences to turn on this feature or check out [www.naturalreaders.com](http://www.naturalreaders.com) if you are using a PC.

**EXCEPTIONAL ADVENTURES: Dances for Teens (13-21) with IDD.** Events held at Peter's Place Restaurant, 1199 Washington Pike, Bridgeville, PA. Winter Wonderland 12/16. Event run from 7:00-10:00pm. Pre-registration is recommended. Tickets are \$10 each. Learn more by visiting [www.exceptionaladventures.com](http://www.exceptionaladventures.com), calling 412-446-0713, or emailing [sblonski@pfq.org](mailto:sblonski@pfq.org).

**DRIVERS TRAINING** - Two courses: "Classroom (Highway Safety)" and "Behind the Wheel" offered by the CCIU. For info/brochure: <http://www.cciu.org/Departments/CustomEd/drivereducationpdfs/DriverEd2009-10.pdf> or call: 484-237-5189.

**EDUCARE Street Smarts.** KenCrest's Extended School Day Transition Support for Students with Autism & Other Developmental Disabilities. Building Bridges to the community for school-age children 13-21. 610-636-1575.

**KARATE - TAE KWON DO SPECIAL NEEDS CLASSES (For ages 4-11)** - Special needs classes include exercises to improve coordination, balance, and muscle control. Classes are beneficial for children with proprioception challenges, and those on the autistic spectrum. Provides a structured program for kids who love to run, jump, and play who would benefit from peer interaction, but are less likely to have success with team-oriented sports. 30 minute class once a week, Tuesday afternoon & Saturday morn, small class sizes. Benefits self confidence, self control, focus, coordination, social skills, body control, core strength, FUN. Held at United Sports, Downingtown. Info/regs 610-466-7100, [unitedsports.net](http://unitedsports.net).

**FAITH-BASED - MH CONSUMERS ATTEND TRADITIONAL SERVICES.** Residents of long-term structured residence (LSTR) in the northern part of Chester County are welcomed for worship, food, and fellowship by the congregation of Marsh Creek Church in Exton.

**FEEDING - SPARC- Southeastern PA Resource Center in partnership with WCU** - Evals and treatment in clinic, home, and community/school. At: 1160 McDermott Dr, West Chester. Info: 610-430-5678, [sparc@wcupa.edu](mailto:sparc@wcupa.edu).

#### **GAMES- FREE ON-LINE GAMES:**

- **AARP:** <http://games.aarp.org/categories/all.aspx>: includes beach sudoku, carniball, cryptogram, disco bowling, driver safety program word search, easy crossword, Word Search, etc.
- **UCLICK:** <http://content.uclick.com/games.html>: includes: daily tootonym, daily roundup, flash arcade solitaire, play four, sudoku, universal trivia, universal jigsaw puzzle, universal crossword, up and down words, worsense challenge.
- **HAPPY NEURON GAMES:** <http://www.happyneuron.com/partners/index.php?refcode=006AARP>

#### **GAMES- PAID ON-LINE GAMES:**

- **Fit Brains:** <http://www.fitbrains.com/>
- **Luminosity Brain Games:** <http://www.lumosity.com>

**HOMEWORK - BRIDGE ACADEMY & COMMUNITY CENTER** - Ages 4 - 18 or 18 and up. Homework club, arts & crafts, dance, sewing, carpentry, computer classes. Info/regis: Jordan 610-466-9505, [Jordan.crans@gmail.com](mailto:Jordan.crans@gmail.com).

**HOMEWORK - THE GARAGE COMMUNITY & YOUTH CENTER NOW OPENING IN WEST GROVE ALSO!** Kennett Square and West Grove locations. Open Hours: MONDAY - FRIDAY 3:00pm - 6:00pm and Homework Only Hours: MONDAY - THURSDAY 6:00pm - 7:00pm. It's the only place in Kennett and West Grove open just for middle and high school students. It's free, it's fun, and it's for real. The Garage is a place to come after school to get help with your homework, use a computer, play a game of pool, or participate in activities hosted by the groups that meet here. Check us out! There's probably something at The Garage that will interest you. Info: 610-444-6464, [Maggie@garageyouthcenter.org](mailto:Maggie@garageyouthcenter.org), [www.garageyouthcenter.org](http://www.garageyouthcenter.org).

**KARATE - KICKS FOR KIDS: TAE KWON-DO** ages 5 to 17 with gross motor impairments who can stand and walk with or without an assistive device. Basic stances, blocks, kicks, and strikes. Individualized instruction. Taught by PT. At Al DuPont Hosp for Children ground floor gymnasium. 4:15pm - 5:00pm, 3/22-5/24. \$100 for 10 sessions. Info/Regis: Jason Beaman 302-651-6027. [jbeaman@nemours.org](mailto:jbeaman@nemours.org).

**MENTORING-CHESTER COUNTY FUTURES** - Ages 14 - 18. School/community-based mentoring program. Info/regis: Kathy 610-516-1050, [kmclaughlin@ccfutures.org](mailto:kmclaughlin@ccfutures.org).

**MENTORING-GIFTS** - Ages 13 - 18. Mentor Program for Teenage Girls. Info/regis: Jackie 610-384-3344, [jcarter@nlicf.org](mailto:jcarter@nlicf.org).

**MENTORING-TIMS** - Ages 11 - 18. Mentoring Program for Young Men. Info/regis: Alphonse 610-384-8595, [anewsuan@comcast.net](mailto:anewsuan@comcast.net).

**MENTORING-YOUNG LIFE** - Ages 14 - 18. Mentoring and Youth Programs. Info/regis: Josh 484-354-9496, [jdcrans@aol.com](mailto:jdcrans@aol.com).

**MUSIC - SING ALONG SESSIONS - Pre-K Music Classes.** 6-week music program for toddlers and preschoolers ages 18 months to 5 years. Classes are lead by a musician with over 20 years teaching experience and a licensed pediatric speech language pathologist. A developmental music program where children and parents share the joy of music while incorporating activities to promote cognitive, communication, social, motor, and sensory skills. [www.singalongsessions.com](http://www.singalongsessions.com).

**MUSIC - TEMPO MUSIC THERAPY SERVICES** West Chester and King of Prussia. Individual and groups for all ages as well as inclusive family music (Music Together) classes. Info: 610-344-7030, [www.tempotherapy.com](http://www.tempotherapy.com)

**OCCUPATIONAL THERAPY** - Hope Springs Equestrian Therapy, [www.hope-springs.org](http://www.hope-springs.org), 610-827-0931, Malvern, [greyhorse22@gmail.com](mailto:greyhorse22@gmail.com).

**PLAYGROUNDS - NO BORDERS** - Play without limits! At the Main Line YMCA. Jennifer, 610-854-1625, [Jennifer.Whalen@UMLY.org](mailto:Jennifer.Whalen@UMLY.org).

**PRESCHOOL PROGRAM for THREE and FOUR-YEAR-OLDS. FREE!** Pottstown and OJR school districts offering free programs for children who were three and four by 9/1/2009, and live in families at 300% or less of the federal poverty levels (i.e., family of four earning up to \$66,150/year). Held at Warwick Child Care Centers. Info: Michelle (Pottstown) 610-323-1601, Tana (OJR) 610-326-4522.

**READING - COATESVILLE AREA LIBRARY** Ages birth - 12. Reading programs, story-time, play groups, family groups, special events. Info: 610-384-4115.

**RECREATION - ACCESS PASS - FREE LIFETIME PASS TO NATIONAL PARKS** for permanent residents with a permanent disability. Links/Info: [www.store.usgs.gov/pass/access.html](http://www.store.usgs.gov/pass/access.html).

**RECREATION - COATESVILLE ARTS & RECREATION DEPT.** Ages 8 - 15. Summer/Winter Basketball Leagues, Summer Programs, and Art Classes. Info: 610-384-0300.

**RECREATION - COMMUNI-TEENS** A service and recreational program for teens using wraparound services and neighborhood peers sponsored by The Institute for Behavioral Change. Limited to 10 teens. Contact 610-383-1432.

**RECREATION - FAMILY MOVIE NIGHT!** 1<sup>st</sup> Fri, 7:00pm at The Journey Church in West Chester. Movies shown on 9 ft x 13 ft big screen. Soda & popcorn provided! Contact Scott Smith, pastor, at [Scott@thejourneywc.org](mailto:Scott@thejourneywc.org).

**RECREATION - FUN CLUB** Ages 6-12 , one Sat/month. Community fun! Run by The Arc of Chester County. Call your supports coordinator for funding options. Contact Rob: 610-696-8090, ext. 240, [rmalone@arcofchestercounty.org](mailto:rmalone@arcofchestercounty.org).

**RECREATION - LITTLE LEAGUE** - Spring 2010 Regis: for West Side Little League Challenger Division Ages 5 - 21 . Practice 1x week beginning mid March. Games begin April. Info/Regis: Ellen or Andrew 610-344-0979, [challenger@westsidelittleleague.org](mailto:challenger@westsidelittleleague.org).

**RECREATION - MY GYM LIONVILLE** - Special Needs Class/Children with Autism on Fridays, 3:00pm to 4:00pm. Info: 610-363-6090, [mygym@verizon.net](mailto:mygym@verizon.net).

**RECREATION - SYNERGY RECREATION** - Home-based services offering personalized activities. We design meaningful recreational experiences by building on clients' current interests. We help people create lasting relationships within families and communities. We're all about fun! Info: [Heather@synergyrecreation.com](mailto:Heather@synergyrecreation.com) or 610-324-8307.

**RECREATION, SOCIAL SKILLS, AND RESPITE - TEEN LINK TO THE COMMUNITY (TLC) CLUB** - Ages 13-21 yrs. Meets monthly on Saturday or Sunday for 4+ hours. Community-based barbecues, swim parties, zoos, outdoor games, dances, bowling, train rides, etc. Call your supports coordinator for funding options. Call: Rob at the Arc of Chester County 610-696-8090 x240, [rmalone@arcofchestercounty.org](mailto:rmalone@arcofchestercounty.org).

**RESPITE - Information Packet from Office of Developmental Programs** - [http://odpsrv.tiu11.org/alfresco/d/d/workspace/SpacesStore/b5659680-7d1e-4a74-86c5-7f4b4db4d9b3/RESPITE\\_Exception\\_Process\\_Information\\_Packet\\_078-10.pdf](http://odpsrv.tiu11.org/alfresco/d/d/workspace/SpacesStore/b5659680-7d1e-4a74-86c5-7f4b4db4d9b3/RESPITE_Exception_Process_Information_Packet_078-10.pdf)

**RESPITE - The Arc of Chester County TAP PROGRAM (Temporary Assistance Provider)** - offers one-on-one respite assistance to families by the hour, day, or week. All ages. Info: Janine 610-696-8090 ext. 239, [jcaldwell@arcofchestercounty.org](mailto:jcaldwell@arcofchestercounty.org).

**RESPITE - ARCares (Ages 18+) COMMUNITY RESPITE & EXCURSION SERVICES RESPITE PROGRAM.** Planned community excursions each month at same time of month, allowing caregivers to schedule respite time on a consistent basis. Info: Janine 610-696-8090 ext. 239, [jcaldwell@arcofchestercounty.org](mailto:jcaldwell@arcofchestercounty.org).

**RESPITE - CHESTER COUNTY RESPITE NETWORK** - respite provider as well as in-school 1:1 support service provider (personal care assistants). We participate in the Phoenixville Grant program, waivers, Family Driven Dollars, agency pay, and private pay for respite. School services are funded by the districts. Info: Donna at [respitene트워크@comcast.net](mailto:respitene트워크@comcast.net).

**RESPIRE - FUN CLUB** Ages 6 - 12 one Sat./month. Community fun! Run by The Arc of Chester County. Call your supports coordinator for funding options. Contact Rob: 610-696-8090, ext. 240, [rmalone@arcofchestercounty.org](mailto:rmalone@arcofchestercounty.org).

**RESPIRE - MH Helping Hands.** Respite for caregivers with children birth - 21 living in Chester County who receive MH services. Contact The Arc, Janine, [jcaldwell@arcofchestercounty.org](mailto:jcaldwell@arcofchestercounty.org), 610-696-8090 ext. 239.

**RESPIRE - PARENTS' NIGHT OUT** - Opportunities for worry-free nights out. Events held at the Brandywine YMCA. For info: Brenda, [brendae@cciu.org](mailto:brendae@cciu.org), 484-237-5354. For calendar of events go to [www.autismallianceofchestercounty.org](http://www.autismallianceofchestercounty.org).

**RESPIRE, WCUPA Autism Respite Care** - WCU student volunteers trained in ASD and behavior principles provide free in-home respite care to families of children on the spectrum. Weekday evenings. To receive respite services, please contact Dr. Corinne Murphy, BCBA, Asst. Professor at WCU at [cmurphy@wcupa.edu](mailto:cmurphy@wcupa.edu).

**RIDING - HOPE SPRINGS EQUESTRIAN THERAPY** - equine therapy for autistic and challenged riders. Weekly group and individual sessions and summer camps with special education professionals combining riding and classes (June and July). At: Green Lane Rd, Malvern. Info: Jeannie Knowlton 610-827-0931, [greyhorse22@gmail.com](mailto:greyhorse22@gmail.com), [www.Hope-Springs.org](http://www.Hope-Springs.org).

**RIDING - MAKING STRIDES HIPPO THERAPY & THERAPEUTIC RIDING** - programs and instruction for both typically developing children and adults as well as those with disabilities. Individual programming and flexible schedule with physical therapist. Location: Brinton's Bridge Rd., West Chester. Call: 610-656-8438, [Robin.Langerhans@comcast.net](mailto:Robin.Langerhans@comcast.net).

**RIDING - Equestrian Therapeutic Vaulting for children ages 7-12 - AUTISM** - Autism Speaks grant recipient, "Let's Vault, Max" supports the development of social, motor, and sensory processing skills, as well as horsemanship skills and bonding between the horse and rider. Includes research component in collaboration with Widener University physical therapy department. Eleven week vaulting sessions Wednesday evenings 6/15-8/24, 9/7-11/16, 1/04-3/14. Contact Quest Therapeutic Services at 610-692-6362 or [www.QuestTherapeutic.com](http://www.QuestTherapeutic.com).

**RIDING - QUEST THERAPEUTIC SERVICES, INC.** - Full-range of pediatric therapy services, including hippo therapy with flexible scheduling of OT/PT/Speech for children with special needs. Indoor arena heated and ventilated for year-round use. Also, vaulting: 9/7 - 11/22. Some insurance reimbursable. Location: 461 Cann Rd., West Chester. Info: 610-692-6362, [www.QuestTherapeutic.com](http://www.QuestTherapeutic.com).

**RIDING - BARN AT SPRINGBROOK FARM** - Animal-assisted activities for children with disabilities. Children can have fun while interacting with farm animals. Gains in knowledge, confidence, and self-esteem. Location: Locust Grove Rd., West Chester. Info: 610-793-1037, [www.springbrook-farm.org](http://www.springbrook-farm.org).

**SCOUTING - GIRL SCOUTS OF EASTERN PA** - Girl Scout Troop for disabled girls and non-disabled girls who would like to join in as buddies. Ages 6 - 13. Meeting in an accessible home on the Honey Brook/Coatesville border with 3 cats and 1 dog as honorary members of the troop. Info: Meira 610-273-7858, [meira-harvey@att.net](mailto:meira-harvey@att.net).

**SCOUTING - BOY SCOUT TROOP 599**, Hawk Mountain Council - for boys & young men with special needs 11 yrs. old and up. Location: St. Paul's Lutheran Church, Old Swede Rd., Amity Township. Cost \$40/yr. Contact: Chris or Kim Murray [cm6klr@dejazzd.com](mailto:cm6klr@dejazzd.com), 610-404-1206, 484-638-4906, or 484-638-2002 (Kim's cell).

**SCOUTING - CUB SCOUT PACK 599**, Hawk Mountain Council - for boys ages 7-11 with special needs. Location: St. Paul's Lutheran Church, Old Swede Rd., Amity Township. Cost \$40/yr. Contact: Chris or Kim Murray [cm6klr@dejazzd.com](mailto:cm6klr@dejazzd.com), 610-404-1206, 484-638-4906, or 484-638-2002 (Kim's cell).

**SCOUTING - CUB SCOUT PACK 64 - Chester County**, for boys on the autism spectrum. St. Phillip/James Church, Exton. [www.cubscoutpack64.com](http://www.cubscoutpack64.com).

**SELF-ADVOCACY - PA YOUTH LEADERSHIP SELF-ADVOCACY** - monthly conference calls to explore topics of interest to young self-advocates. 1<sup>st</sup> Sunday of each month from 7:00pm - 8:00pm. Call 1-309-946-5255. Access code 376191#. Visit the PYLN website at [www.pylvn.pbwiki.com](http://www.pylvn.pbwiki.com) for additional information.

**SENSORY - SNACK AND PLAY: A PLAYGROUP FOR CHILDREN 3-5YRS WHO ARE "FUSSY EATERS"** One group of five children will meet 3x/wk. for four weeks, led by an instructor and an OT. Call for more details: Karen Schillinger, Easter Seals, 610-873-3990.

**SIBLING GROUPS - ONGOING** - 2<sup>nd</sup> Sat of the month from 8:45am - 10:00am for 4 to 6-year-olds and 10:00am -11:30am for 7 to 11-year-olds. In Wayne. Uses play, arts and crafts, snacks, talking, and stories. Facilitators: Dale Fisher, LCSW and Deirdre Miller, MA. Cost \$35. 610-668-8890, [dalefish2000@aol.com](mailto:dalefish2000@aol.com).

**SIBSHOPS** - Pottstown. 2nd Sat of the month (Sept through May). Creative Health Services, 610-326-2767, [jtyson@creativehs.org](mailto:jtyson@creativehs.org).

**SIBSHOPS FOR TEENS!** Call 610-783-1788 ext. 223 or email [kbrenneman@childandfamilyfocus.org](mailto:kbrenneman@childandfamilyfocus.org).

**SIBSHOPS for 8-to-13-year-old brothers/sisters** of children with emotional/behavioral disorders. Starts June 19, from 9:30am - 12:30pm. Mixture of new games, discussion, and guest speakers. Fun while learning. Held at Devereux Day School, Boot Rd., Downingtown. Info/regis: Crissy at 610-688-1205 or [cauger@devereux.org](mailto:cauger@devereux.org).

**SOCCER - CHALLENGER SOCCER IN SEPTEMBER** - West Bradford Youth Athletics second season of Challenger Soccer for children with special needs. For ages 7-21yrs. No previous soccer experience necessary. Children grouped based on ability, not age. Fosters fun and inclusive atmosphere. Saturdays at noon beginning Sept 10<sup>th</sup>. Info/regis: John G. 610-486-6842 or [johnfgall1@verizon.net](mailto:johnfgall1@verizon.net). Sign up at [www.WBYA.org](http://www.WBYA.org) and register under "Challenger Soccer" Regis, fee \$30. Scholarships available. Come for the fun!

**SOCIAL SKILLS - THE SPECTRUM by DRAGONFLY FOREST.** Recreation matters. Fun matters. At the end of our life, we look back on the moments we loved. Our program enhances lives. Program open to all but designed to be autism-accessible. Our program is designed to help people appreciate social situations, meet interesting people, and be open to social coaching. 828-458-0313, [www.DragonflyForest.org](http://www.DragonflyForest.org).

**SOCIAL SKILLS - GROUPS - THERAPLAY, INC.**, 638 Brandywine Parkway, West Chester. 610-436-3604, ext. 12, [mhugel@theraplayinc.com](mailto:mhugel@theraplayinc.com), [www.theraplayinc.com](http://www.theraplayinc.com).

**SOCIAL SKILLS - GROUPS** - led by licensed speech path and physical therapist. Dynamic, interactive, and fun sessions at Little Wonders Child Growth & Development Center, Inc. Info: 610-275-KIDS.

**SOCIAL SKILLS - PROMPT AND PLAY CENTER** - Ages 3 - 18 in need of social skills, life skills, counseling. [www.promptandplay.com](http://www.promptandplay.com).

**SOCIAL SKILLS - SIS - SAY IT STRAIGHT:** An interactive, energetic, 10 lesson evidence based program for elementary, middle and high school students, focusing on empowering communication skills and behaviors. Great anti-bullying strategies! Holcomb Behavioral Health . Info/regis Chrissie 484-444-0412, [cdziembo@holcombhhs.org](mailto:cdziembo@holcombhhs.org), or Luis (Bilingual) [LBenites2@holcombhhs.org](mailto:LBenites2@holcombhhs.org).

**SOCIAL SKILLS - SPECTRUM KIDS CAN!!!** - Play with peers in a non-judgmental setting and use and improve socialization skills. All ages welcome! First Sunday/month. 2-4pm. Held at The Annex of the Henrietta Hankin Library, 215 Windgate Dr., Chester Springs. No registration required. Info: 610-321-1724, [hhyouthservices@ccls.org](mailto:hhyouthservices@ccls.org).

**SOCIAL CLUB - YOUNG ADULT SOCIAL CLUB/TEEN CLUB OF CHESTER COUNTY** sponsored by Easter Seals of SE PA for teens/young adults w/disabilities. Have lots of fun exploring the community, singing karaoke, dancing, cooking, and socializing. Meet 2x/mo. usually 1<sup>st</sup> & 3rd Fri. Info: Kim 610-565-2353.

**SOCIAL SKILLS - YOUNG CHILDREN GROUP - 4-6yrs. (WAYNE)** - 2<sup>nd</sup> Sat. of the month from 8:45am - 10:00am. Info: Dale Fisher, [dalefish2000@aol.com](mailto:dalefish2000@aol.com), 610-668-8890.

**SPORTS - SPECIAL OLYMPICS** - Don't miss the fun! **Winter: Basketball, Gymnastics, Ice Skating, Skiing, Swimming, etc.** Info/schedule: 484-320-9401, [SOPAChesterCounty@Comcast.net](mailto:SOPAChesterCounty@Comcast.net), [www.pasocc.org](http://www.pasocc.org),

**SPORTS - COATESVILLE AREA LITTLE LEAGUE** - Ages 5 - 18. Little League Baseball Program. Info: Pat 610-384-5689.

**SPORTS - COATESVILLE MIDGET FOOTBALL** - Ages 4 - 14. Little League Football, Cheerleading Program, and Flag Football. Info: [www.kidraiders.org](http://www.kidraiders.org) .

**SPORTS - SOCCER - WEST BRADFORD YOUTH ATHLETICS CHALLENGER SOCCER** - Soccer league for children with special needs so all children can have the fun and experience of playing soccer. For children 7 - 21 years of age. Held at the WBYA Soccer fields in West Bradford. Starting in April with games on Saturday for one hour. Info/regis: John Gallagher 610-486-6842, [Johnfgall1@verizon.net](mailto:Johnfgall1@verizon.net). Volunteer and sponsorship opportunities are available!

**SWIMMING - SPLASH** - A free water safety experience, presented by: Dansko for Children in 1<sup>st</sup> - 8<sup>th</sup> grade. Held at Kennett Area Community Pool, Walnut Street, Kennett Square. 4:45, 5:45; or 6:45. Transportation provided. Info/regis: Kennett Area YMCA: Lolly Hallman, 610-444-9622 x2319, or Lenda at x2317.

**SWIMMING - Y-KNOT OTTER SWIM TEAM** 4-18 years of age with physical and physiological challenges. Helps build confidence and self esteem. Main Line YMCA. Info/regis: Jennifer 610-854-1625, [Jennifer.Whalen@UMLY.org](mailto:Jennifer.Whalen@UMLY.org).

**STEPS** - Autism and other neurological disorders-**STEPS at Main Line Rehabilitation Associates** - offers a unique GROUP program designed to improve skills and success in various social and community settings. Cognitive strategies are developed and reinforced through direct staff guidance/ feedback and supported peer interaction/feedback. Goals are individualized with emphasis on organization strategies, effective communication skills, personal responsibility, community access/ integration and adjustment to life transitions. Exton, PA. MWF 1-4:30. Additional Info: Meghan Cahallan 610-280-0180, [info@mainline-rehab.com](mailto:info@mainline-rehab.com), [www.mainline-rehab.com](http://www.mainline-rehab.com)

**SUBSTANCE ABUSE - BABES (Beginning Awareness Basic Ed Studies):** A 7-lesson program on ATOD (alcohol, tobacco and other drugs) for K-2 grade students uses interactive dialogue among hand-puppets. BABES is implemented in elementary schools and after-school/community programs via trained presenters and coordinated by Holcomb. Info/regis Chrissie 484-444-0412, [cdziembo@holcombbhs.org](mailto:cdziembo@holcombbhs.org), or Luis (Bilingual) [LBenites2@holcombbhs.org](mailto:LBenites2@holcombbhs.org).

**SUBSTANCE ABUSE PROGRAM - PROJECT ALERT:** A nationally recognized 7-lesson program gives middle school students insight, understanding, and actual skills for resisting substance use. Holcomb Behavioral Health Info/regis Chrissie 484-444-0412, [cdziembo@holcombbhs.org](mailto:cdziembo@holcombbhs.org), or Luis (Bilingual) [LBenites2@holcombbhs.org](mailto:LBenites2@holcombbhs.org).

**SUBSTANCE USE - CHILDREN'S PROGRAM** - Four-session program for middle and high school students who have been identified as having substance use issues in the family. Educational and reflective activities help children cope with stresses of family problems and strengthen their resilience. Holcomb Behavioral Health Info/regis Chrissie 484-444-0412, [cdziembo@holcombbhs.org](mailto:cdziembo@holcombbhs.org), or Luis (Bilingual) [LBenites2@holcombbhs.org](mailto:LBenites2@holcombbhs.org).

**TEEN - THE GARAGE COMMUNITY & YOUTH CENTER NOW OPENING IN WEST GROVE ALSO!** Kennett Square and West Grove locations. Open Hours: MONDAY - FRIDAY 3:00pm - 6:00pm and Homework Only Hours: MONDAY - THURSDAY 6:00pm - 7:00pm. It's the only place in Kennett and West Grove that is open just for middle and high school students. It's free, it's fun, its for real. The Garage is a place to come after school to get help with your homework, use a computer, play a game of pool, or participate in activities hosted by the groups that meet here. Check us out! There's probably something at The Garage that will interest you. Info: 610-444-6464, [Maggie@garageyouthcenter.org](mailto:Maggie@garageyouthcenter.org), [www.garageyouthcenter.org](http://www.garageyouthcenter.org).

**TEEN OPEN DOORS PIZZA NIGHT** - 13-19 yrs. 10/1, 11/5, and 12/3, 6-8pm \$25. Fun social group that caters to developmentally challenged teens. Meet on Saturday nights for pizza and activities. Make new friends! Main Line YMCA in the Carriage House. Info/regis: Jennifer 610-854-1625. [Jennifer.Whalen@UMLY.org](mailto:Jennifer.Whalen@UMLY.org).

**TEEN - SUPPORT GROUP - GLBTQA - SUPPORT GROUP for GAY, LESBIAN, BISEXUAL, TRANSGENDER YOUTH.** Meets weekly, Th. from 6:30pm - 8:30pm at Unitarian Fellowship of West Chester. Sponsored by Planned Parenthood with Unitarian Fellowship of West Chester. Info/brochure: 610-692-1770 ext. 108, [lfraser@ppccpa.org](mailto:lfraser@ppccpa.org) or [wgrinwis@ppccpa.org](mailto:wgrinwis@ppccpa.org).

**THEATER - CHILDREN'S THEATER** - Ages 11 - 14. Children's Theater Program. Info: Rev. Sherry 610-384-4771.

#### **TUTORING -**

- **CARE CENTER FOR CHRIST** - Barbara Jones - 610-436-6226.
- **CHRISTINE MADDEN** - 302-475-1141.
- **CLUB Z! TUTORING**, [www.clubztutoring.com/avondalepa](http://www.clubztutoring.com/avondalepa) or call 610-268-5363 or 302-252-6689.
- **EDUCATIONAL SERVICE, INC.** Tina Maida Madington, Director, 302-655-6283, [www.educationalservice.org](http://www.educationalservice.org).
- **JEN ARCHIBALD, TUTOR EXTRAORDINAIRE.** [Achievemoretutor@aol.com](mailto:Achievemoretutor@aol.com), 610-644-7811.
- **POLICE ATHLETIC LEAGUE** - Cory Wagabower - **610-430-3491**.
- **FREE!!!! THE GARAGE YOUTH CENTER, 115 South Union St, Kennett Square.** Drop in anytime Mon-Thurs 3-7pm and Fri 3-6pm. Info Rosa 610-444-6464
- **SPECIALIZED TUTORING SERVICES.** Janet B. Tehie, PhD, 610-696-1958, [www.specializedtutoringservices.org](http://www.specializedtutoringservices.org),

**VOCATIONAL/GED - CHESTER COUNTY OPPORTUNITES INDUSTRIALIZATION CENTER (OIC) - Ages 16 - 24.** GED, Computer, Employment and Certified Nursing Training. Info: 610-692-2344, Joyce Chester, [jchester@cc-oic.org](mailto:jchester@cc-oic.org) or Gina Venuti, [gvenuti@cc-oic.org](mailto:gvenuti@cc-oic.org).

**VOCATIONAL/GED - CAREER LINK** - Ages 16 - Adult. GED Preparation, vocational training, resume writing, computer workshops, Job Corp. Info: 610-384-9393.

**VOCATIONAL/TRANSITION - EARN CENTER** - Ages 18-24. Job readiness, occupational training, employment activities, and retention. Info: Lila 610-384-6900, [lsingleton@chesco.org](mailto:lsingleton@chesco.org) .

**WORSHIP - REJOICING SPIRITS WORSHIP SERVICE - 2<sup>nd</sup> Sun of the month, 4:00pm.** Innovative inclusive ministry at St. Paul's Lutheran Church, Lionville/Exton. Lots of music, refreshments, and fellowship follow the service. Info: 610-363-6264, [info@rejoicingspirits.org](mailto:info@rejoicingspirits.org), [www.rejoicingspirits.org](http://www.rejoicingspirits.org). All faiths are welcome!

#### **YMCA -Free YMCA Memberships for 7<sup>th</sup> Graders - Ongoing**

Three area YMCAs offering free memberships for 7<sup>th</sup> graders, with current 7<sup>th</sup> graders being eligible through August 31, prior to entering the eighth grade. The YMCA of the Brandywine Valley, (Coatesville, Kennett Square, West Chester, Jennersville, Cochranville, and Elverson); Upper Main Line YMCA (Berwyn, Lionville, and Eagleview); and the YMCA of Philadelphia and Vicinity (Media and Ardmore), are part of a national focus on healthy lifestyles for youth. Info: at the local YMCAs or [www.ymcabwv.org/7GI/index.html](http://www.ymcabwv.org/7GI/index.html), [www.umly.org](http://www.umly.org), and [www.rockyrnymca.org](http://www.rockyrnymca.org).

**YOGA - PRETZEL UP: A YOGA CLASS FOR KIDS** - ages 5 and up with or without disabilities. Tues., 4:00pm - 4:45pm, at Al DuPont Hosp for Children. \$80/8 sessions. Explore yoga positions, breathing techniques, visual imagery and relaxation techniques through the use of games, themes, storytelling, music, and art. Yoga and fun! Regis: Jamie Fusetti 302-651-5595.

**YOUTH OUTREACH UNION.** Peer-driven support and advocacy network of young adults for young adults. Website: [www.youthoutreachunion.com](http://www.youthoutreachunion.com).